











THE ROTARY TALK











THE BEAUTY OF NATURE





ROTARY 3060: DG: NIHIR DAVE

FIRST LADY: VAISHALI NIHIR DAVE





ROTARY CLUB OF SURAT TAPI PRESIDENT: RABIZ GORIYAWALA

FIRST LADY: NASEEM RABIZ

GORIYAWALA

RI GORDON R. MCINALLY FIRST LADY: HEATHER MCLNALLY

President: Rtn. Rabiz Goriyawala Hon. Secretary: Rtn. Dhaval Patel

Bulletin Chair: Rtn. Kavitha M Jain Bulletin Co- Chair: Rtn. Nidhi Pachchigar

3007-08, SHANKAR PLAZA, NEAR SURAT PEOPLE'S CO. OP. BANK, TIMALIYAWAD, NANPURA, SURAT - 395001



IMPORTANT LINKS OF:

To follow:



https://www.facebook.com/groups /501193261328611



https://www.instagram.com/rcsurattapi/



https://www.youtube.com/@rota ryclubofsurattapi1502



https://www.rotaryindia.org/Home.aspx



https://www.rotary.org/en

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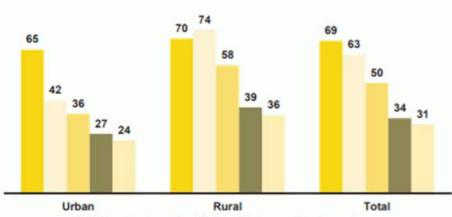
Some numbers on Maternal and child health

B

Trends in Infant Mortality

Deaths per 1,000 live births

NFHS-1 NFHS-2 NFHS-3 NFHS-4 NFHS-5



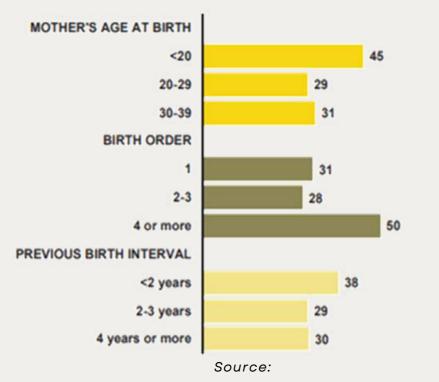
*NFHS = National Family Health Survey for 5 continuous year.

*NFHS 5 is the latest survey statistics



In Gujarat, the child mortality rate is around 35 deaths per 1,000 live births (2021 data).

High-risk births have higher mortality rates Deaths in the first year of life per 1,000 live births



https://dhsprogram.com/pubs/pdf/FR374/FR374 Gujarat

The infant mortality rate in Gujarat in NFHS-5 is estimated at 31 deaths before the age of one year per 1,000 live births, down from the NFHS-4 estimate of 34.

Although there is an improvement but yet lot of efforts and initiatives is required

"India accounts for a significant portion of global maternal deaths, with an estimated 11% of global maternal deaths occurring in the country.'



Awareness Seminar's on Maternal and Child Health" towards reduced maternal mortality will ensure the well-being of Pregnant women, New mothers towards self and infant care.

Awareness Seminar on Maternal & Child Health

Our "Awareness Seminar on Maternal and Child Health" towards reduced maternal mortality ensured with the discussion on with 40 Pregnant women and New mothers who joined us on 04-Jul-23 on this seminar





Anganwadi Snack Distribution Project

On 18-Jul-2023, Halpati Vas Anganwadi No. 3 and Lake Fruit Anganvadi No. 4 and 5 . Total 3 Anganwadis children were distributed breakfast.

Donor Shri Jayeshbhai Gandhi Ba Farsan Shiv Shakti Row House Pardi

On 19-Jul-2023, Anganwadi number 1 in Kanakpur by Rotary Club of Surat Tapi. Anganwadi 2 & 3 with breakfast was distributed to children. Total 5 Anganwadi.

Many thanks to breakfast donor Shri Sushatbhai (AtoZ Hospitality Sachin)

On 27-Jul-2023, Rotary Club of Surat Tapi distributed breakfast to Patel Faliyu Halpati Vas Anganwadi number I and 7 number. As well as lake Faliya Anganvadi number 4 and 5, kachli fruit Halpatiwas Anganwadi number 3. Total of 5 Anganwari children were distributed.



Our Projects on the Theme - Maternal & Child Contd..



Rotary Surat Club of Tapi is on a mission to eliminate malnutrition among children, guiding them from the red (R) and yellow (Y) zones towards brighter,



healthier futures!

With a heartfelt commitment, our club provides nutritious food to these little ones at regular intervals, ensuring they get the vital nourishment they need to thrive and grow. We diligently monitor their nutrition progress, making sure they receive the right care and attention to flourish. **Project cost**

per week: 1500/-





Thank you R.P Mirra & Rtn Gaurav Rathod for sponsoring Soyamilk (3lit) & fruits on 4th July '23

Beneficiaries: 39



Thank you Rtn Nidhi
Pachchigar & Rtn Sanjay
for sponsoring Soyamilk
(3lit) & fruits on 20th Jul

Beneficiaries: 34



Thank you R.P Pratibha & Rtn Sachin Amode for sponsoring Soyamilk (3lit) & fruits on 25th July '23

Beneficiaries: 32

July 1st, 2023

Started with a Bang

Blood Donation Project





Saving Lives Starts with! Donating Blood .

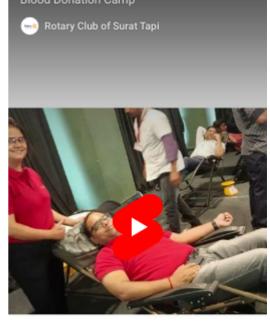
By donating just one bottle of blood, we can potentially save up to three lives..

Our blood donation camp on 1st July 2023; we collected 212 units; which means 636 life saved...

Thank you donors . By Donating blood, and be a part of something extraordinary; Lives saved.

In collaborations with other Rotary clubs from Surat and NJ invest Pvt Itd











This year's 1st July 2023, it is an extra special date - it will mark the beginning of the global initiative to make the world a better place.

As Rotary builds its future through the cooperative actions of each member, our guiding light shines on...

At Rotary club we are always looking for new initiatives to promote community.

This was a small initiative; Small gesture... Working towards better tomorrow..

Tour of our Initiatives & accomplished projects Contd...

Empowering Rural Farmers: Rotary Club of Surat Tapi's Mango Tree Cultivation Project







Focus of Area - Economic, community & Environment Development

RCST in partnership with
Gopal Charitable Trust and
Lokmangalam charitable
Trust launch a project at
Khoba and Khapatia villages:
To empower rural farmers
through a Mango Tree
Cultivation Project. By
providing 1,500 high-quality
mango plants and
comprehensive training



Read our Story Here

- 1500 Mango plants
- Expense 135000

Implementation Plan:

Training: Conduct
workshops on
planting techniques,
pest management,
irrigation, etc

Monitoring and
Support: Offer
ongoing support and





Gopal Charitable
Trust Surat, Rotary
Club of Surat Tapi and
Lok Mangalam
Charitable Trust
Khoba are running 2
oil ghani and rice mill
in Khapatiya village



guidance

Tour of our Initiatives & accomplished projects Contd...

Projects focused on Youth/Child development

Rain Coat Distribution



Let kindness pour like rain!

The desire of helping doesn't end. As the raining season approaches, we (Rotary club of Surat Tapi) on July 5th gave **20 raincoats** to the children of workers who do not have enough protection against rain.



Making a Difference in Education!

July 6th: A generous flow from the members of Rotary club of Surat Tapi for distribution of 450 Notebook to the workers for their children.



Note Book Distribution Project

July 20th: We are thrilled to share that Rotary Club of Surat Tapi in view to encourage education has donated 1000 notebooks to Uttar Buniyadi School!



Empowering Students, Building a Brighter Future!

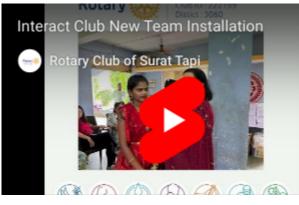


Uniform Distribution Project

On July 18th: Rotary Club of Surat Tapi's distribution of 148 uniforms to the students of Uttar Buniyadi School, and fostering a sense of belonging, we are empowering these students to embrace their education with enthusiasm and determination.

03.3 Interact club Installation

RSCT - Interact Club Installation...! Calling all young change-makers!





See story on RCST YouTube



90% of Interacts develop leadership skills that benefit their future.

Gains global perspective & embrace diversity. Build essential skills for lifelong success. Continue service journey as a Rotarian.

On 17th July; RCST had such an opportunity for engaging and forming a interact club at Uttar Buniyadi School, Ranat

Celebrating Academic Excellence!



On 19th July RCST awarded the Rotary Academic Excellence Awards to the Toppers of 10th and 12th grade at Uttar Buniyadi School!



These awards serve as a symbol of honor and recognition for the exceptional dedication and hard work displayed by these outstanding students. Their commitment to academic excellence will inspires set a shining example for others to follo



03.4

Tour of our Initiatives & accomplished projects Contd...

MANAGING MENSTRUATION WITH DIGNITY



See RCST post on YouTube





Members of RCST reached out to SMC School No 14
Althan Tenament with the help of Mrs.Sweta Jaju &
created awareness regarding menstruation and the use
of sanitary pads which were distributed to them for the
use upto 3 months.

Total beneficiaries were girls from std 6,7,8.



100 girls

AWARDS NIGHT



Congratulations all the awardees; and yes entire RSCT team

IPP Nimit Shah took pride as he rolled out the awards. And recognized the contribution made towards serving the humanity.





03.5 Tour of our Initiatives & accomplished projects Contd...

OPENING AND CLOSING OF THE MONTH BY BLOOD DONATION CAMP

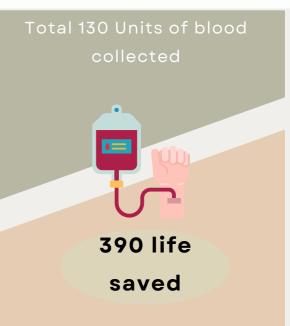






Members of RCST along with Hussaini organised blood donation camp on 30th July. We collected 130 units; which means 390 life saved...

Thank you donors to make choice to save lives. By Donating blood, and be a part of something extraordinary.



NOTE BOOK DISTRIBUTION

26000 notebooks were distributed to children in the interior Dungral area of Dharampur taluka through the joint initiative of Lok Mangalam Charitable Trust Khoba, Gopal Charitable Trust Surat and Rotary Club of Surat Tapi.



Regular Fellowship meets







1st fellowship meet on 7th July 2023

"Great things are done by a series of small things brought together."

Rotary club of surat tapi met together for their 1st fellowship meet on 7th July 2023 (Friday)

Great talk by esteemed PDG Praful Bhatt with his better half Mrs .Harshida Bhatt as the speaker for the evening.

The onset of monsoon was made more catchy with the delicious mouth watering monsoon menu of bhajiya.



2nd Fellowship Meeting of the month

Rotary club of Surat Tapi met together for their 2nd fellowship meet on 28th July 2023 (Friday)

Great talk and inspiring session held by Ms. Khyati Patel on "Physical and Mental fitness: Myths and Facts"





R.I GORDON R. MCINALLY

Married to Heather McInally. R.I Gordan is the Member of the Rotary Club of South Queensferry. He revealed presidential theme, Create Hope in the World; The goal is to restore hope — to help the world heal from destructive conflicts with his focus area being:

- Promote Peace "Peace is the soil where hope takes root,"
- Empowering Girls initiative.
- Continuing focus on polio.
- Focusing on mental health

"Rotary helps create the conditions for peace, opportunity, and a future worth living," he said. "By continuing what we do best, by remaining open and willing to change, and by keeping our focus on building peace in the world and within ourselves, Rotary helps create a more peaceful world — a more hopeful world."



DG NIHIR DAVE

Married to Vaishali Dave. Rtn Aihir Dave is a registered valuer and chartered engineer who has extensive experience in the fields of engineering, construction, and valuation.

He is also actively involved in social work and community service. He has been a member of Rotary International for over two decades and has served in various leadership positions at the club, district, and national level.

Rtn Nihir Dave is known for his commitment to excellence, integrity, and professionalism in all his endeavors, and he continues to make a positive impact in his profession and community.



PRESIDENT RABIZ GORIYAWALA

Married to Nasreen Goriyawala.

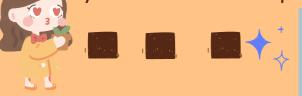
Rtn Rabiz Goriyawala being the President of a Rotary Club he vision's to make a lasting difference in the community by leading service projects, fostering positive change, and building lasting connections with like-minded individuals. He feels It's is a role of great responsibility and honor, providing an avenue for Rotarians to leave a positive legacy and advance Rotary's mission of "Service Above Self.".

R.ANNET'S IMAGINATION





Rotary club - Bacche ki zubaani



Bingo! Rotary club of surat tapi is a new group. Rotary club of surat tapi and from other group come here and tell us about their experience. I like to go their because we do fun activity.

Rotary club of surat tapi is a group of members who does new project like: nourish, blood donation, plantation & other awareness and give children things like: bags, snacks and books.

My mom is a director over their and my dad have just joined. I have a friend and we enjoy the meeting. I enjoy tasty food of Sanjay uncle. The present president is Rabiz uncle. The past president was Nimit uncle. The District governor for the next year is our Tushar uncle.

I attended the conference in surat and second in Aurangabad. In the first conference their I saw one doctor telling that the soft drink have 11gms of sugar which is not good for health. I want to become an interact and then Rotaract. Thank you.

PANNER TAKA TAK

Ingredients:-

Paneer 200 gms

Capsicum - 2

Tomato - 2

onion - 2 (Optional)

For Marination :-

Curd - 350 gms

Red chilly powder-1tbsp

Turmeric- 1/2 tsp

Corriander Powder - 1 tbsp

Garam Masala - 1/2 tsp

Chat or Aamchur powder: 1/2

Pavbhaji Masala - 1 tbsp

Salt - As per taste

by R.Annet Malav Bhatt







Method:

- 1. Mix all MARINATION ingredients in one big bowl
- YUMM YUMMY 2. Cut given veggies (Paneer, Onion, Capcicum. Tomatoes in cubes.
 - 3. Mix step 2 in 1 and keep aside for some time.
 - 4. Now pre-heat tava on medium flame and spread oil.
 - 5. Prepare tooth pick by inserting one o Paneer, Tomoto, capsium into toothpick,.
 - 6. Now cook on tava both sides.
 - 7. Serve with Green chutney or sauce...

Enjoy delicious Paneer Taka Tak

Its so fun to write your heart out

Know your Chairs -Board Members....!

Did u wonder whom to reach to know...!

- 1. What are the upcoming events and projects planned by the Club and how can I participate or contribute?
- 2. How often does the Rotary Club hold meetings, and what is the typical agenda for these gatherings?
- 3. What is the process for suggesting new project ideas or initiatives to the Rotary Club?





- 1. What are the criteria for joining the club?
- 2. Who can let me know the process for onboarding new members and how the club ensures their smooth integration into club activities?
- 3. What are the benefits of being a member of the Rotary Club of Surat, both in terms of personal growth and community impact?
- 4. Are there any special membership development programs or leadership training opportunities available for club members?
- 1. What are the upcoming service projects and initiatives that the Rotary Club is currently working on and how I can get involved?
- 2. Can you provide details about the process for nominating club members and projects for Rotary awards and recognition based on their service contributions?
- 3. How can I contribute my skills and interests to support service projects and make a meaningful impact as a member of the Rotary Club?





- 1. What social media platforms does the Rotary Club use to showcase its activities, and how can members contribute to maintaining a strong online presence?
- 2. What resources or guidelines are available for club members to effectively communicate Rotary's mission and projects to the public?
- 3. How can members contribute positive stories and experiences to support the club's public image and outreach efforts?



Know your Chairs -Board Members; contd....!

Did u wonder whom to reach to know...!

- 1. How does the Club Learning Facilitator facilitate networking opportunities within the club?
- 2. How does the Club Learning Facilitator educate members about Rotary's history and values?
- 3. How does the Club Learning Facilitator support members' training and development?





- 1. What is Foundation giving, and how does it contribute to The Rotary Foundation's programs?
- 2. Who can explain the process of organizing and leading fundraising efforts for The Rotary Foundation within the club?
- 3. Can you provide information about the seminars and workshops organized by the Foundation Director to educate club members about Rotary Foundation grants and project management?
- 4. In what ways does the Foundation Director serve as an ambassador for The Rotary Foundation within the club and the broader community?
- 1.I heard about membership dues. Can you explain how they work and how the Treasurer handles them?
- 2. I'm curious about the process for getting expense reimbursements for club-related activities. How do I go about it, and what documentation do I need?
- 3. Are there any specific financial policies or guidelines the club follows? I'd like to understand how the club manages its finances.





- 1. Who is responsible for guiding activities, setting goals, and inspiring members to work together towards common objectives.
- 2. Who oversees various club committees, helping them plan and execute projects and activities aligned with the club's objectives.
- 3. Are there any specific protocols or etiquette the President follows as a Rotary Club leader?

06.2

Know your Chairs -Board Members; Contd....!

Did u wonder whom to reach to know...!

- 1. What kind of records does the Honorable Secretary maintain for the club, and how do these records contribute to the club's overall functioning?
- 2. How does the Secretary prepare meeting agendas, and what is their role during club meetings?
- 3. I've heard about attendance tracking. How does the Secretary record and track members' attendance at club meetings and events?



Joint Secretary does the role of Assists and getting charged for his term.

- 1. Who helps maintain order during club meetings, ensuring that everyone has an opportunity to speak, and that meetings run smoothly.
- 2. Who assists in setting up the meeting venue, arranging seating, and ensuring that everything is ready for the meeting.
- 3. Who is sponsible for ensuring that Rotary protocols and traditions are followed during meetings and events.
- 4. During club ceremonies, who may play a role in the process, such as leading the Pledge of Allegiance or other rituals.



- 1. The IPP serves as a mentor and advisor to the current President, offering guidance based on their previous experience.
- 2. They provide continuity in club leadership and share institutional knowledge to ensure a smooth transition between Presidents.
- 1. The PE prepares to assume the role of President in the upcoming Rotary year and learns about their future responsibilities.
- 2. The PE may represent the club at district events and other public relations activities to enhance the club's visibility.





07

CELEBRATION TIME



ANNOUNCEMENTS ACHIEVEMENTS



Congrtulations R.Annet Vedant Parimal Desai



For being selected in the District Level under 14 yrs Football Team

BIRTHDAY CELEBRATIONS

4th July: R.P Bijal Dishant Gandhi

9th July: R.P Mittal Rajesh Gohil 10th July: R.P CA Vaishali Parth Shah

12th July: Rtn Gautam Patel

11th July: R.P Farhana Arafat mansuri

15th July: Rtn Sapna Chauhan 21st July: Rtn Karan Patel

28th July: Rtn Dharmesh Singh

ANNIVERSARY CELEBRATION

15th July: R.P Hiral &

Rtn Viral Gondalia

26th July: R.P Ranjeeta &

Rtn Harish Nagpal

26th July: R.P Hiral &

Rtn Dipak Bhatt

PCOMING EVENTS August Action Plan

Aug 1st to 7th

Nari Vandan Utsav Week

World Breastfeeding week

Aug 1st to 7th

Weekly Activity

Nourish Week (Week 30, 31, 32, 33, 34

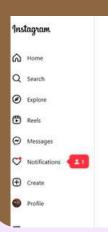
Picnic/Fellowship - 2 days

Aug 19th & 20th

Aug 17th

RMB Business Conclave

GREAT LAUGHTR SHOW OPEN TO ALL



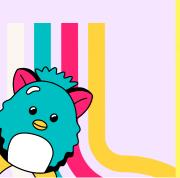






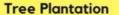
WATCH THIS STORY ON INSTA

OTHER PLANNED
ACTIVITES





Introduce Rotary to Your Friends



4 Way Test Promotion

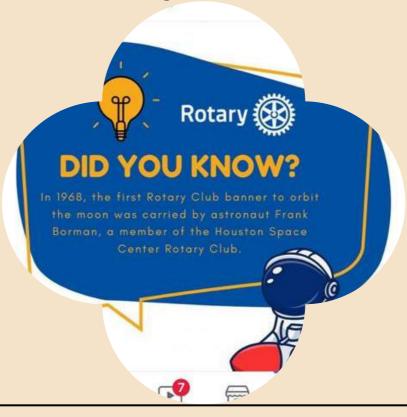
Sudamani Zoli / Food Grain Distribution





Interesting Facts

FUN FACT



DID YOU KNOW??

That Houston space center RTN. astronaut Frank Broman carried the 1st Rotary club banner to orbit

STARY TUNNED FOR MORE FACTS

